

## Activity Outcomes

- During these challenging times, it's sometimes hard to remember the positives and even harder to plan for a more positive future.
- This activity is great for families or individuals to think / talk and plan for a more positive future. Once completed, this can be used as a 'family charter' and can be displayed as a reminder of the small steps we can all take to make a brighter future.

## Setting Up

### What you will need:

- A copy of the footprints on the next page – or you could draw around your own feet to add even more fun!
- Time to sit with your family to talk through your ideas
- Paint / crayons to decorate your footprints

## Activity Guide

### Activity – Positive Steps

- Decorate your footprint – make it as bright and bold as possible.
- Now write down a message on the footprint.
- Put your footprint together with those of your family to make a display of positive steps.

### Questions to think about

- What can you do to make the rest of 2020 positive?
- What things can we all do to make a better world?
- What ideas do you have to make life better for everyone?

## Further Support and Ideas

- For more ideas and to share your thoughts and creations, visit <http://www.thechildrensvoice.net/>
- Don't forget to share your creations and ideas by using #NCDUK



# Positive Steps

