

Create a Time Capsule

You will need:

- A container with a lid (you could use a shoebox or a plastic container)

You could include:

- A photograph of yourself
- A tracing of your hand
- A cutting from a newspaper or magazine
- A diary entry that you have written
- A letter that you have written to your future self
- Some photographs of your home, your family or your pets
- Some mementos like ticket stubs, postcards or stickers

Instructions

1. Prepare or collect the items to put inside your time capsule.
2. Place the items inside your container and seal it. You may wish to decorate your time capsule with stickers, wrapping paper or paint.
3. Hide your time capsule in a safe place and try not to peek at it!

Top Tips

- Remember not to put anything precious inside your time capsule.
- Remember not to put food inside your time capsule as this will go stale.